

Position Description: High School Cheer Assistant (Assistant Coach)

Organization: Windham Youth Cheerleading (WYC)

Location: Windham, ME

Type: Volunteer

Position Summary:

The high school student assistant coach for each age group for Windham Youth Cheerleading will be responsible for fostering a positive, supportive learning environment and assisting the head coach and other assistant coaches in leading the squad at practices, games and events. The high school assistant will work closely with the head coach, assistant coaches, and the Director of Coaching to ensure adherence to the WYC coaching philosophy as well as Maine Youth Cheerleading Coaches Association (MYCCA) guidelines and rules. The high school assistant will help the head coach and other assistant coaches with monitoring and supporting athlete success as well as ensuring positive parent relations.

KEY RESPONSIBILITIES:

- Follow coaching philosophy approved by the WYC Board of Directors
- Assist the head coach and assistant coaches to develop and implement a training program suitable for the cheerleaders' skill and age level.
- Assist with instructing cheerleaders in various cheers, routines, stunts, and tumbling techniques. Utilize resources provided by the head coach, WYC Board and Director of Coaching.

-BAND app

-WYC Google Classroom

-Coaches Handbook

-Coaches Code of Conduct

-Preseason and in-season training opportunities

-Reference provided practice planning tools, templates, coaching handbook, etc.

- Uphold the Coaches Code of Conduct and High School Code of Conduct. Must be eligible to participate in high school sports in order to assist WYC.
- Assist the head coach and other assistant coaches with development of routines and choreography to be performed at games and events.
- Collaborate with the head coach to organize and conduct practice sessions to improve skill level and performance of the squad.
 - Assist with distribution of resources to athletes and parents as needed such as videos of cheers, stunts, jumps etc. for learning.
- Ensure all cheerleading activities are conducted in a manner that promotes safety and adheres to the MYCAA guidelines and rules.
- Assist with evaluation of individual cheerleader's performance and provide constructive feedback.
- Assist with communication with parents, the Director of Coaching, and other coaches and board members as directed by the head coach. Will use forms of communication approved by the Board such as the Band App.
 - All schedules for practices, games, and events must be communicated to parents and athletes in conjunction with the head coach.
- Assist with managing and maintaining cheerleading equipment and uniforms. Work with the head coach to communicate any needs to the Board and Director of Coaching.
 - Work with the head coach and other coaches for use of mats including pickup and drop-off at the storage unit.
 - Keep all WYC property in good, clean, safe, reusable condition during the season and return it promptly at the end of the season.
- Develop team spirit, fun, play, and a positive attitude among the cheerleaders. Team building activities should be incorporated into practices/ games.
- Conflict Resolution will be necessary in working with coaches, team parents, parents and athletes. as needed. Communicate issues with the head coaches, Director of Coaching, and other Board members as needed while focusing on the goal of respectful communication to facilitate resolution for the benefit of all athletes.

- Share any concerns regarding violations of the Codes of Conduct or challenges within or outside of the dynamics of coaching teams with the Director of Coaching or the President/ Vice-President of WYC.
- All WYC events and activities, while in a coaching role, in the presence of athletes, on school properties, etc., are substance free.

Qualifications/Helpful Skills:

- Experience with cheerleading, gymnastics, and/or youth sports preferred.
- Ability to assist with development and implement practice plans and routines.
- Commitment to fostering a positive and inclusive coaching environment.
- Passion for youth sports and dedication to the mission of WYC, positive attitude, and strong work ethic
- Ability to maintain confidentiality on sensitive athlete information
- Capacity to be objective and compassionate.
- High standards of moral and ethical conduct.
- Ability to manage multiple tasks and work collaboratively with the head coach, assistant coaches and Board members.

Time Commitment:

- K-2nd grade age groups may have one practice and one game per week (estimate 3-4 hours weekly). High School Assistants will need to communicate availability to head coaches.
- 3rd-8th grade age groups will have multiple practices per week and at least one game per week (estimate 5-10 hours weekly). High School Assistants will need to communicate availability to head coaches.
- Events/Performances are required such as Spirit nights, Homecoming, Tournaments, and End of Season Showcase. If unable to attend due to other school or sports commitments, head coach must be notified in advance.