# **Position Description: Assistant Coach**

**Organization:** Windham Youth Cheerleading (WYC)

**Location:** Windham, ME

Type: Volunteer

## **Position Summary:**

The assistant coach for each age group for Windham Youth Cheerleading will be responsible for fostering a positive, supportive learning environment and assisting the head coach in leading the squad at games and events. The assistant coach will work closely with the head coach and the Director of Coaching to ensure adherence to the WYC coaching philosophy as well as Maine Youth Cheerleading Coaches Association (MYCCA) guidelines and rules. The assistant coach will help the head coach with monitoring and supporting athlete success as well as ensuring positive parent relations.

## **KEY RESPONSIBILITIES:**

- Follow coaching philosophy approved by the WYC Board of Directors
- Assist the head coach to develop and implement a training program suitable for the cheerleaders' skill and age level.
- Assist with instructing cheerleaders in various cheers, routines, stunts, and tumbling techniques.
   Utilize resources provided by the head coach, WYC Board and Director of Coaching.
  - -Assist the head coach with development of routines and choreography to be performed at games and events.
- Collaborate with the head coach to organize and conduct practice sessions to improve skill level and performance of the squad.
  - -Assist with distribution of resources to athletes and parents as needed such as videos of cheers, stunts, jumps etc. for learning.
- Ensure all cheerleading activities are conducted in a manner that promotes safety and adheres to the MYCAA guidelines and rules.
- Assist with evaluation of individual cheerleader's performance and provide constructive feedback.
- Assist with communication with parents, the Director of Coaching, and other coaches and board members as needed. Will use forms of communication approved by the Board such as the Band App.
  - -All schedules for practices, games, and events must be communicated to parents and athletes in conjunction with the head coach.

- Assist with managing and maintaining cheerleading equipment and uniforms. Work with the head coach to communicate any needs to the Board and Director of Coaching.
  - -Work with the head coach and other coaches for use of mats including pickup and drop-off at the storage unit.
- Develop team spirit and a positive attitude among the cheerleaders. Team building activities should be incorporated into practices/games.
- Conflict Resolution as needed. Communicate issues with the head coach, other assistant coaches, Director of Coaching, and other Board members as needed to facilitate resolution.

# **Qualifications/Helpful Skills:**

- Experience with cheerleading, gymnastics, and/or youth sports preferred.
- Ability to assist with development and implement practice plans and routines.
- Commitment to fostering a positive and inclusive coaching environment.
- Passion for youth sports and dedication to the mission of WYC, positive attitude, and strong work ethic
- Ability to maintain confidentiality on sensitive athlete information
- Capacity to be objective and compassionate.
- High standards of moral and ethical conduct.
- Ability to manage multiple tasks and work collaboratively with the head coach, Board members and other coaches.

## **Time Commitment:**

- Will depend on age group being coached:
  - Younger age groups may have one practice and one game per week.

    Older age groups may have multiple practices per week and one game per week.
- Events/Performances are required such as Spirit nights and end of season Showcase.